

Hanging Out.....virtually!



Hanging out with friends in these strange times has proved challenging hasn't it, but not for the Coffee Morning folk.

Each Wednesday at 10:30am, we grab a cuppa in our homes and join the meeting 'virtually' by using some software called Zoom. Many of us had never heard of it before and have to admit, it was rather weird using it for the first couple of times, but here we all are!

After about 30 minutes, we break out into smaller groups where there is a chance to meet new friends or just catch up on what's been going on - you can say as much or as little as you'd like, there's no pressure to speak.

The meeting usually lasts until 12p.m. and for the final fifteen minutes or so, we have an Elimination Game hosted by our very own Andrew Dodd. Michael had the "magic suggestion" that everyone in the Elimination Game should wear a hat. The names of everyone present are put into a pot and Andrew then pulls out a name - that person is systematically eliminated (by taking off their hat!) and this continues until only three people are left in the game. Andrew then pulls out the name of the winner! To date our winners each week have been: Margaret Pendlebury, John Gough, Sue Hall, Sue Smith and Margaret Davies. Post lockdown we will be holding a grand draw where all winners names will be entered for an actual prize....watch this space!

Outreach and Support for our communities

Twelve weeks ago, none of us could have imagined how our world would change so dramatically. As a result of this pandemic, young and old have faced new challenges: with schools, colleges and universities closed to most pupils, remote working becoming the norm and limited opportunity for meeting family and friends, many of us face loneliness and mental health issues. Thankfully, our communities have responded beautifully.

People have continued to go the extra mile by visiting, shopping, befriending and supporting each other. The care and love that has been shown is moving and I would like to take this opportunity to say a huge word of thanks to you all for your support for one another over the last 3 months.

Blessings

Michael (Vicar of Parish of Pentyrch & Capel Llanilltern)

Community Help

Our community of helpers were made up from members of Pentyrch and Capel Llanilltern parishioners. Young mums who attend the Plant Catwg Kids or Mother & Toddler Group were busy baking cakes to take out to those who have been isolating, usually staying for a chat to see if there's any other help needed e.g. shopping. As the weather warmed and grass grew higher, kind people were on hand to help with the gardening. Donations for the Foodbank have been exceedingly generous and have helped many. In addition to this, many people have started to use Zoom for the Coffee Morning and Monday Quiz and also YouTube for the Sunday Service. Where difficulties using new software have been encountered, people have been on hand to help. Mary Davies, Ros James & Ruth and Andrew Davies helped ten people with Zoom or YouTube issues. In addition Andrew helped 2 people receive second-hand computers and 5 people purchase new computers/tablets. Ruth also kindly wrote a manual advising people how to use Zoom. Check out our Parish website: <http://www.parihofpentyrch.org.uk/>

Stop Press....

The Church in Wales is now allowing limited opening of churches for private prayer.

The Vicar and Parish wardens have decided to open the three Churches of the Parish initially at the following times:

St Catwg's, Pentyrch. Tuesdays and Sundays
2pm-4pm

St David's, Groes Faen. Wednesdays and Sundays
2pm-4pm

St Ellteyrn's, Capel Llanilltern. Thursdays and Sundays
2pm-4pm

After a robust process of risk assessment, volunteers will help supervise visitors, clean & sanitise areas. If you feel you would like to be part of our volunteer group please contact either the Vicar or the wardens.

Let's exercise our little grey cells with a Welsh Quiz...

1. In which Welsh county is it believed St David was born?
2. Which British Prime Minister rejected calls for St David's Day to become a national holiday?
3. Not strictly a Welsh fish, this sea trout is nevertheless caught in many Welsh rivers, and is enjoyed as the centrepiece of many a Welsh dish. What fish is it?
4. Andy Fairweather Low was the lead singer of which 1960s band?
5. How many English Counties border Wales?
6. The Menai Bridge in Anglesey was opened on 30 January 1826. It was the first suspension bridge in the world constructed to take heavy traffic. Who designed it?

See overleaf for answers.

Grapevineyou heard it here first!

The Covid-19 Snake



As lockdown started, each Thursday evening at 8p.m. we all went out on our doorsteps to clap, bang saucepans with wooden spoons, play instruments/music, hear the Church bells ringing, all in support of the wonderful Key Workers and NHS staff who have helped support our communities and families. And keep us safe.

It also brought out creativity in children who could not attend school. We saw fabulous paintings of rainbows going up in households all over our villages and indeed the country!

Someone who'd walked past a little play area in Pentyrch, started to create something different, a Covid-19 snake. Who knows where the idea came from, but it sparked the interest from all of the young children around.

They painted their stones and pebbles all different designs and placed them on the end of the snake's head. See how it's grown! It started like this....

...and ended up as long a this! All around the path and off into the distance. Well done to all of the children. It's given passers-by such pleasure in watching it grow and marvelling at the lovely artwork on top of the stones. What talented young artists we have in our communities.



Events for the Diary

Monday	5.00pm Parish Quiz via Zoom
Tuesday	5.00pm Evening Prayer via Zoom
Wednesday	10.30am Coffee Morning via Zoom
Wednesday	5.00pm Evening Prayer via Zoom
Thursday	5.00pm Evening Prayer via Zoom
Sunday	10.00am Parish Sunday Service on YouTube

Cotton Facemasks for sale!

Jenny Nelmes is making cotton masks for charity (BT Nelmes English School in India) for guideline donation of £3.50-£4 .
Orders can be placed with Jenny. Email jennynelmes@hotmail.com or phone Helen Davey 20891765.

Fun at the Parish Quiz Night !

It's MONDAY...it's 5 o'clock...it's the ZOOM QUIZ

Rule 1. If you win you set the next Quiz

Rule 2. There are no other rules !

Usually about 10 teams with expertise ranging from pretty good... downwards !

Subjects have included Knowledge of a Very General Kind...Only Fools and Horses... 007

Animals known and unknown...etc..etc

Warm Welcome is always extended to all

In the words of the old Radio Programme...come and

HAVE A GO.

Good to Know

The little word of love,
The right time and place
Will be blessed by God
above
And watered by His grace.
Author: unknown

Answers to Welsh Quiz
Pembrokeshire, 2. Tony Blair
3. Swin 4. Amen Corner,
5. 4 Counties
6. Thomas Telford (At the time it
was built it was also longest bridge
in world (measuring 1,265ft, with a
579ft span).

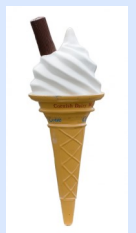
Wildlife Garden at Creigiau Church Hall



Helen Davey has been maintaining close communication with her contact in Keep Wales Tidy who will be putting a plan together for her (whilst maintaining social distancing of course!) to enable the project to be taken forward. Many offers of help have been received but at the moment this will potentially be a Youth Group project. We will keep you informed of progress....

One of the first signs of a break in the lockdown!

Wednesday June 10th....High Corner, Pentyrch
First Ice Cream Van since March
Huge, yes HUGE queues of children plus parents
Valiant attempts at Social Distancing!
Mr Whippy is back, yay!



I am only one

I am only one, but I am one.
I cannot do everything but I can do something.
What I can do, I ought to do,
And what I ought to do, by the grace of God I will do
Anon

Pentyrch Open Gardens

Due to the ongoing impact of Covid-19 the Pentyrch Open Gardens 2020 will be a virtual event held on the 4th and 5th July.

Check out their website for details.
<https://pentyrchopengardens.wordpress.com>